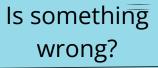


TELL US HOW YOU FEEL

We want you to share your feelings and SPEAK UP!

If you want to make a complaint or just talk to someone,

here's how



Speak Up, We've Got Your Back

No problem is too small.

Choose someone you **connect** with and let them know what's going on.

Chat to a staff member

You can chat **face-to- face** when you next
see them

Or you can **call** or **text** us directly at 0431 198

Just let them know

Whatever has been bugging you, or on your mind, let the staff member know you want to talk about it / make a complaint

Kids **Help** Line 1800 55 1800

Emergency Services
Police, Fire, Ambulance

Safe not Secret

If you tell us something super personal, we might have to let someone else know, like a teacher or the police. This helps us keep you safe

Beyond **Blue** 1300 224 636

Lifeline 13 11 14

Strength Potential **0431 198 726**

What happens now?

Helping you is our number one priority. We will keep checking in with you to let you know what's going on, and you can continue to chat with us if you have questions or worries.



HELPFUL NUMBERS

